RENDEZVOUS



The Magazine of the Folkestone Town Benefice of St Mary and St Eanswythe with

St Saviour

Volume 50 No. 3 March 2023 £1

Who's Who in the Parish

Clergy



Rev Dr John Walker, The Vicarage, Priory Gardens 07980 692813 rev.dr.john.walker@gmail.com

St Mary & St Eanswythe's

Parish	Secretary	Megan Marwood (Tuesday Wednesday and Thursday 10:00 - 12:30) email: sainteanswythe@gmail.com	252947
Churc	hwardens	Tom Bertram,07748 43434101303Andrew Plested, 201 Canterbury Road01303	3 890986 241124
PCC	Hon. Secret	aryMegan Marwood	252947
	Hon. Treasu Planned Giv Gift Aid	,	244876
PCC N	Members	Maurice BauhahnJan ClarkeJenny ColemanMarilyn EdeyVicky Friedrich (Synod Rep)Catriona HunterPam KeelingPatricia SkelstedClare Tomlinson (Synod Rep)David WrightIf you would like to get in touch with any member of the PCC please contact the Parish Office (01303 252947)	
Electo	oral Roll	Megan Marwood	252947
Childi Safegy Churc Churc Churc Bell R Rende	en's Church Larding Office h Day School h Flowers h Welcomers Lingers zvous Advert	erMarilyn Edey 7 The Bayle, FolkestonelsSt Mary's, Warren RoadHead Teacher - Trevor NorthSt Eanswythe's, Church StreetHead Teacher - Mrs O'CallaghanJan Clarke and Jenny ColemanJudy DohertyJudy Dohertyjudy.doherty59@gmail.comMike Godfrey, 6 Cauldham Lane, Capel-le-FernetisingPaul Furminger, 37 Dymchurch Road, Hythe (e-mail: epmfurminger@btinternet.com)	1 423796 223049 251390 255516 242159 265547 241124 248006
		St Augustine's Centre	

Bookings:	Carol Godden	07894 706971

Front Cover: Stained glass The Annunciation of Our Lady

Deadline for the next Rendezvous Edition: 20th of the month, but December 10th for the January edition. Please submit articles in 16 point text - this shows you how much fits on a page once it is reduced for printing.

Please contact Andrew Plested as above

CALENDAR Services and Events in March 2023

Thurs	2	10.30 a.m. Holy Communion
Sun	5	Second Sunday of Lent
Sun	U	10.30 a.m. THE EUCHARIST
Mon	6	
Wed	8	7.30 p.m. Meditation and Silent Prayer
	8 9	6.30 p.m. Supper & Lent Course – The Vicarage
Thurs		10.30 a.m. Holy Communion
Sun	12	Third Sunday of Lent
		10.30 a.m. THE EUCHARIST with
Man	12	CHILDREN'S CHURCH
Mon	13	9.30 a.m. Companions of Eanswythe
Wed	15	6.30 p.m. Supper & Lent Course – The Vicarage
Thurs	16	10.30 a.m. Holy Communion
Sat	18	3.00 p.m. Bayle Music Concert – Bayle Cantana and Camerata
Sun	19	Fourth Sunday of Lent
	•	10.30 a.m. THE EUCHARIST
Mon	20	Joseph of Nazareth
4		7.30 p.m. Meditation and Silent Prayer
Wed	22	6.30 p.m. Supper & Lent Course – The Vicarage
Thurs	23	10.30 a.m. Holy Communion
Sat	25	Annunciation of the Blessed Virgin Mary
		3.00 p.m. Wedding – James King & Alexandria Sansom
Sun	26	Fifth Sunday of Lent
		10.30 a.m. THE EUCHARIST
Mon	27	9.30 a.m. Meditation and Silent Prayer
Wed	29	6.30 p.m. Supper & Lent Course – The Vicarage
Thurs	30	10.30 a.m. Holy Communion
Fri	31	2.00 p.m. St. Eanswythe School Easter Service
Cat	1 4	2.00 m m Biana Duat Canaat
Sat	-	3.00 p.m. Piano Duet Concert
Sun	2	Palm Sunday
		10.30 a.m. THE EUCHARIST

From the Parish Registers

Baptism	We welcome into the Lord's family
Jan	Elizabeth June Fukuda



Don't forget the Donation Station!

There are so many ways that you can make donations or pay for our range of merchandise.

Cash and cheques can be placed in the box by the main door, and credit card payments can be made in several ways:

- by scanning the QR code on the weekly pew sheet or the back of Rendezvous;
- by clicking the Donate Button on our website; or
- by using the Donation Station adjacent to the sales table.

The Donation Station is a very easy way to donate or pay by credit card. It has a touch screen, works just like the card machines in shops and takes contactless and chip-and-pin payments. You can even add Gift Aid to your donation. If you need a hand with it the first time, just ask for help.

Why not subscribe to Rendezvous?

Save money. £10 for an annual subscription starting in January. Have it delivered or collect from church. Ways to pay - use the QR code on the back cover, the Donation Station in church, the Donate Button on our website, cash, or cheque inside a named envelope in the donation box. Or contact Catriona Hunter - details inside front cover.

Parking in the School Playground

We are grateful to the Headteacher of St Eanswythe's School for allowing us to use the school playground as a car park on Sundays and on other occasions. In order to protect the school's security, the gates will now be locked on Sunday morning at 10.25 and opened when the service is finished. On other occasions the gates will be locked 5 minutes before the service or concert begins and opened immediately afterwards. Parking permits for Sunday services are available from the Churchwardens.

Thank you for your co-operation.

The church is now open for private prayer. The schedule is:

• 11.00-13.00 Tuesday, Wednesday, Thursday, Friday, Saturday



The **Woodward Hall** is available for hire for Wedding Receptions, Family Parties, Club Meetings etc. Details from Tracy Arnold at St Eanswythe's School on 01303 255516 during school hours

Priest's Letter From Father John



Dear friends,

I am writing this on Ash Wednesday as I prepare myself for my journey through Lent, and into Holy Week.

As I contemplate this journey, I feel myself pulled; stretched like a canvas between two intensely agonising experiences for Jesus:

Forty days and forty nights Thou wast fasting in the wild, Forty days and forty nights Tempted and yet undefiled.

[NEH 67]

and

Glory be to Jesus, Who in bitter pains, Poured for me the life-blood From his sacred veins.

[NEH 83]

It is easy to focus on the physical pain that Jesus endured, precisely because it must have been so, well, *excruciating*. Starvation to the extent that the body begins to consume itself. Whips, thorns, nails and the long slow heave of that broken body for breath.

But I also think of the other privations he endured, at both points of his piercing.

Loneliness: the absence of family and friends Powerlessness: nothing to do in the desert; nothing to be done about his crucifixion

Silence: no comforting conversation Isolation: the utter lack of tender touch

I don't know what your point of suffering is as you read these words. Physical pain or disability or the gradual loss of health, stamina and skills? The mental distress of depression, anxiety, loneliness or a sense of the pointlessness of each long day? The powerlessness of ill health, debt, work, unemployment or difficult family commitments?

Stretched, taut as canvases, we often are. Yet God painted something very beautiful from Jesus' experiences. Perhaps because Jesus himself never quite lost sight of the loving gaze of God, shining within him.

I wonder what beautiful thing God is painting on the canvas of your life, taut and stretched as you might feel?

This Lent, look and look again, until you discover the loving gaze of God. Then lock eyes with him, and know the shining within.

Fr John Walker

'Twas the Night Before Sunday – A Poem

'Twas the night before Sunday, and all through the church Not a creature was stirring, which was really absurd. Peter mouse on his perch high over the altar, Had waited all week for a night with the heater.

The Vicar had promised the faithful and good That the heating that eve put on he would So the church on Sunday would be less than freezing And the congregation would not be sneezing.

But the Vicar was nestled all snug in his nook With coffee and cake and a jolly good book. Forgotten he had to pop over the church Leaving Peter and all right in the lurch.

Sunday dawned and it was jolly cold, Those venturing out were considered bold. The church, of course, was to a freezer akin And frozen fingers afflicted those within.

The Vicar was sorry and repented verily And the people were kind, well kind of anyway. Truth be known, it was by all soundly avowed To forget this omission he would not be allowed.

Anon (or too afraid to own up) – after Clement Clarke Moore



"I'm from the Government — We have reports that this church discriminates against sinners!"



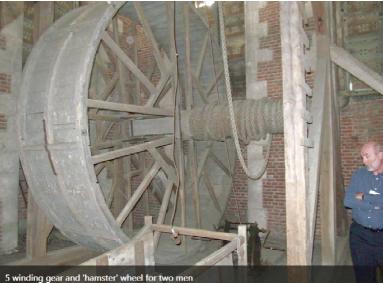
"IF ANYONE HAS GOOGLED REASONS THAT THESE TWO SHOULD NOT BE MARRIED..."

Bell Harry Tower, Canterbury Cathedral



If you look up in the middle of the Cathedral under Bell Harry Tower you can see this magnificent fan vaulting. But what lies above it?

A couple of feet above the vaulting is a rough and very ancient wooden floor. This room also has a 2-man treadmill that was used to lift up building



materials. Its last official use was to raise TV cameras used for the Enthronement of Donald Coggan in 1974.

Bell Harry is on the roof. The tower is actually brick built with stone cladding to save weight.





LENT COURSE 2023

The Chosen is the first-ever multi-season series about the life of Christ.

ST MARY & ST EANSWYTHE FOLKESTONE

It creates an authentic and intimate picture of Jesus' life and ministry, seen through the eyes of the people who knew him.



A still from Season 1 of The Chosen

We'll be watching Season 1 together and discussing our reactions to seeing the world and events of the Gospels depicted more accurately and movingly than any other video I've ever seen.

Mary Magdalene, Our Lady,

Nicodemus, the Pharisees, the Disciples and, of course, Our Lord, are all brought to vibrant life in an utterly authentic first-century, middle-eastern setting. It brings alive the story of the Gospels in an extraordinary and extremely moving way.

The Course will be held at The Vicarage on Wednesday evenings: Shared supper at 6.30pm, Course 7-8.30pm

There are seven sessions, starting on 1st March, so our final session will be in Easter week, on 12th April.

Please register using the sheet at the back of church or by contacting Fr John on 07980 692813 or <u>rev.dr.john.walker@gmail.com</u>



Rendezvous subscriptions for 2023 are now due

Subscriptions to Rendezvous run from January to December each year and payment for 2023 is now due. The **annual subscription rate for 2023 is £10**, which saves you £2 on the cost of 12 individual issues. If you have any questions about subscriptions or distribution, please contact Catriona Hunter, Distribution Coordinator. Her contact details are on the inside front cover of every issue of Rendezvous.

If you have your magazine delivered we have asked your distributor to collect your payment.

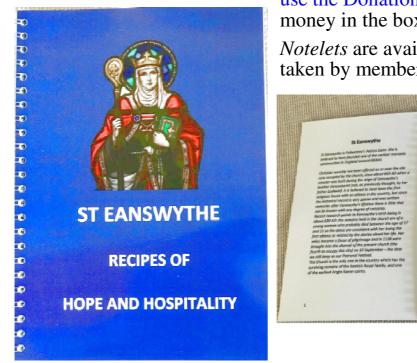
Payments to your distributor may be made by cash or cheque made out to Rendezvous Magazine (preferably in an envelope addressed to Catriona Hunter, Rendezvous Distribution Coordinator – but don't forget to include your name and address too). However, if you wish to pay by credit card you can do this in one of three ways: i. use the Donation Station in church; ii. use the Donate button on our website <u>https://stmaryandsteanswythe.org</u>; or iii. scan the QR code on the back cover of Rendezvous. Note that if paying by credit card it would help us enormously if you would let Catriona know that you have paid your subscription so that this money can be separated from general church funds.

If you pay by subscription but collect your own copy in church you can pay in any of the ways outlined above – envelopes containing cash or cheques can be placed in the donations box in church.

Thank you for reading Rendezvous and helping us to generate valuable income for our church.

Recipes of Hope and Hospitality and Notelets

A collection of recipes from members of the congregation and many friends. The Recipe Book is available at £5 per copy from the sales table by the main door, please



use the Donation Station for card payments or put the money in the box.

Notelets are available at \pounds 5 per pack – all photographs taken by members of the congregation.

SAINT EANSWYTHE'S RECIPES OF HOPE AND HOSPITALITY on of recipes for you t enjoy m the Parish Church of ry and St Eanswythe

All proceeds are used to take care of the Fabric of the Church.

The Friends of St Mary & St Eanswythe

The Friends of St Mary and St Eanswythe were formed in 2014. The Friends are dedicated to the preservation of St Mary and St Eanswythe's church as a place of Christian worship and a focal point of historical interest for residents and visitors to Folkestone. All funds raised are devoted to the upkeep of the building and to the furtherance of public understanding of its history, architecture, and significance.

To find out more please visit http://friendsofstmaryandsteanswythe.org.uk

Single Membership £10 per annum. Joint or Family membership £15 per annum. Reduced income £5 per annum. Cash or cheques made payable to The Friends of St Mary and St Eanswythe can be sent to Pam Keeling, 13 Wellfield Road, Folkestone, CT20 2PJ. Electronically: Barclays Bank sort code 20-02-62: Account number 93016250

Please use your surname as the reference. Email: <u>info@friendsofstmaryandsteanswythe.org.uk</u>

For existing Friends annual subscriptions are due now and if you were uncertain how to pay please see the above details.

New Membership Form

Full name: _____

Partner's name: _____

(Only fill this out if this is a joint membership)

Address: _____

_____ Post code: _____

Email: _____

Phone no:_____

Bookworm – What I've Been Reading



The Paris Library – Janet Skeslien Charles (2021)

This is just about the perfect book for librarians. It's all about the American Library in Paris and how it kept services going during World

War 2. When the Nazis said that Jewish readers were no longer allowed in the library, the staff took the dangerous and courageous decision to deliver books to them in secret. It's a fictionalised account of real events, and many of the characters in the book were real people. There are also Dewey numbers scattered through the book like confetti.

Odile, the main character, is a newly qualified young librarian who gets herself a job at the American Library in Paris shortly before the outbreak of war. She has also managed to learn the Dewey Decimal Classification off by heart, which makes a good storyline, but I think most librarians would see this as unnecessary, despite the fact that we could all probably classify a high number of books without checking the numbers. I remember as a student of librarianship that we used to look at car registration numbers and see who could guess first what the classification was, so in my day I knew the Dewey Decimal Classification pretty well myself. And then once I was qualified I worked in medical libraries where we used the National Library of Medicine Classification, which is a subset of Library of Congress classification. But I digress. As I said, Odile is the main character and there is a parallel storyline of Odile's life in Montana in the 1980s.

It was a very enjoyable book with an exciting storyline, and well worth a read, whether or not you're a librarian. It's very well researched and the author knows what she's talking about as she herself worked for a while in the American Library in Paris.

Shadows Over the Spanish Sun – Caroline Montague (2021)

I read this because it's set in Spain during the Spanish Civil War. Most of the action takes place in and around Seville, which is a city I know well, so I was able to see in my head a lot of the streets that were mentioned.

It's a family saga with the action taking be place in the 1920s and 30s as well as nearer the present day in 2000. And of course there's a love element as well. It was a very enjoyable read and I'm going to miss the world I've been reading about now I've finished it.

From Venice With Love – Rosanna Ley (2020)

I needed some light, cheerful reading and this was all I could find on my shelves at the time. Put simply it's a nice gentle story about two sisters finding themselves. There's a bit of family history thrown in, lots of mystery, romance, and a fair bit of travel. The story moves between west Dorset, Venice, Lisbon, and Prague. There's more than a hint of the supernatural (though nothing scary) and some plot twists that I most definitely didn't see coming.

It was a jolly good book, but then I've always liked Rosanna Ley's stories. Definitely worth a read.

Catriona Hunter

St Mary and St Eanswythe Children's Church

What's coming up?



Sunday 12th March Jesus is the living water!





Sunday 2nd April Hosanna! Hosanna! US



Children's Church begins in church at 10.30 am. We do hope you can join us for

- Singing,
- \odot making things,
- \bigcirc learning about Jesus and
- ☺ much much more!

All children are welcome, pre-school with an adult please.

To find out about it, ring \hat{C} lare Tomlinson 07751 $4\overline{2}3$ 796

PS look out for our puzzles and colouring sheets in the Family Corner – there's a new one EVERY WEEK!

The Children'S Society

Box Collections

After 16 years as parish co-ordinator I regret that I feel unable to continue with the box collections.

There are other ways to continue supporting The Children's Society either by visiting their website **www.childrenssociety.org.uk** or by telephoning **0300 303 7000**

You can of course, also donate when our Children's Church celebrate Christingle.

Many thanks

Children's Church

God Loves Us All

Have you ever thought about HOW God made the world?

Some suggestions *rejected* by the members of Children's Church were that God made the world by hand, or with a spade, or a digger or a hammer and nails. These ideas were rejected because the Bible tells us that GOD SPOKE, saying, "Let there be light" and there was light!

We had a super discussion about all that God created and how God must have needed to lie down on the seventh day! Which, of course, is exactly what Genesis tells us.

Jesus said, "Look at the birds; they do not plant seeds, gather a harvest and put it in barns; yet your Father in heaven takes care of them! Aren't you worth much more than birds?" Matthew 6:26

These ideas led us on to thinking about the Gospel for the day and how God loves us and meets all our needs.

Many beautiful birds were created to remind us of this wonderful promise.

And it was great to feel even more part of the church family as the children took the collection and one family brought up the gifts of bread and wine.

Clare Tomlinson

PS NEXT TIME – Jesus is the living water!





News From St Eanswythe's Primary School

"*Kindness Rocks"* at St Eanswythe's!

Our School Council Team set our entire school a challenge; the task

was to create some stones with kind and inspirational messages on them. We thought this would be a creative way to remind our pupils that we can all take the time to be kind. Our rocks are now on display as a daily reminder that being kind really does rock!













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Church Hire

For information about hiring the church, with or without use of the grand piano please contact the Parish Office

sainteanswythe@gmail.com 01303 252947 In England we used to drive on the left hand side of the road



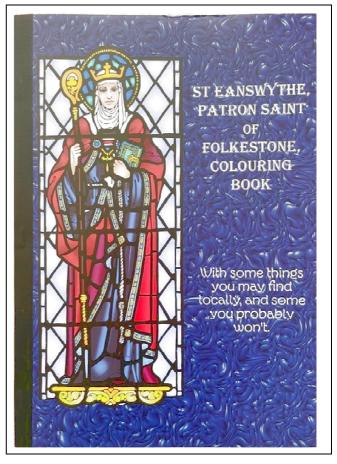
Now we drive on what's left of the road



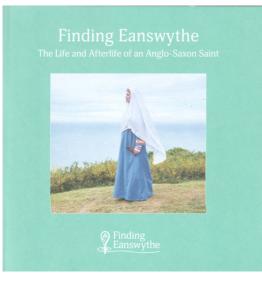
St Eanswythe, Patron Saint of Folkestone, Colouring Book

Once upon a time, not so long ago, when Marilyn and Catriona were on church welcoming duty, a father and his two young daughters came into the church. The girls wanted to do some colouring, but although there were plenty of crayons in the children's corner, there was nothing for them to colour in. This was how the idea for a St Eanswythe colouring book came about.

We have worked with local artist, Dandi Palmer, to create a beautiful colouring book with 40 varied pictures and something for all ages. We hope that it will give a true feeling of what you may be able to see in and around the church. You'll find pictures of St Eanswythe, the Reverend David Railton MC, the church organ, various plants and animals that you might find inside the church or in the churchyard, even the church mouse and one of the spiders. Though please forgive us our artistic licence over the likes of the kingfisher.



We are grateful to Rendezvous magazine for sponsoring the printing of the colouring book. You can buy the book at the sales table for £5, which we are sure you will agree is very good value indeed. Even if colouring isn't your 'thing', this is a book you will want for your coffee table.



Finding Eanswythe

Whilst the Finding Eanswythe Project has come to a conclusion, the working group will continue with their research. This book covers the findings over the six-year programme with a series of essays covering such topics as The Legend of St Eanswythe, A Minster in the early Mediaeval Landscape, Minster to Priory, Folkestone and the English Reformation, St Eanswythe's Water, St Eanswythe's Chapel, Matthew Woodward and Eanswythe Found. All by various members of the Research Group.

This 54 page book is available from our sales table priced at **£5**.

DO YOU LIKE SINGING?

THE CHOIR OF ST MARY & ST EANSWYTHE IS LOOKING FOR NEW MEMBERS!

We are a small, friendly choir with a wide repertoire. We are keen to hear from singers from all voice parts.

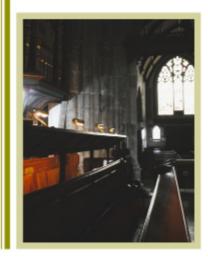
Experience can be an advantage but lots of support will be available.

For more details visit the church website or email Malcolm, our Director of Music

stmaryandsteanswythe.org sainteanswythemusic@gmail.com









Folkestone Choral Society
QUIZ NIGHT

Friday 10th March 7.00 for 7.30pm Hythe Bay Primary School Cinque Ports Avenue, Hythe

(for your sat. nav. CT21 6HS)

Tickets £10: Including a Ploughman's Supper

(please bring your own drinks, glasses, plates and knives)

Teams of SIX

we will make up teams of those booking as individuals

EVERYONE WELCOME

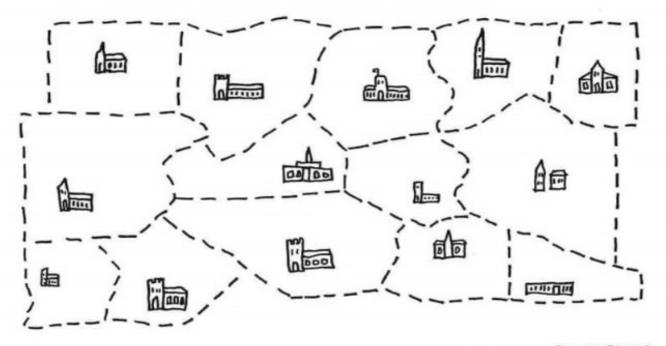
Bring your family, friends and neighbours

For more info. and tickets email dorothy.douse@googlemail.com

This painting by Kerry Record is of The Warren Folkestone titled "Peace of Mind" 23.5"x 31.5" Oil on canvas. Her paintings/prints are available to buy from her Etsy shop at the link below

https://www.etsy.com/uk/shop/KerryRecordArtShop?ref=profile_header

THE PARISH SYSTEM THE ENTIRE COUNTRY IS DIVIDED INTO PARISHES. EACH ONE HAS ITS OWN CHURCH. EVERYBODY GOES TO THEIR LOCAL PARISH CHURCH*



* UNLESS IT IS TOO HIGH, TOO LOW, TOO LIBERAL, TOO EVANGELICAL, TOO CATHOLIC, TOO MIDDLE OF THE ROAD, TOO UNBIBLICAL, HAS TOO MANY BELLS AND SMELLS, HAS TOO MANY SMELLS, HAS SERMONS THAT ARE TOO LONG, HAS TOO MANY CHILDREN, HAS NOT ENOUGH CHILDREN, HAS NO SUNDAY SCHOOL, HAS MUSIC THAT IS TOO OLD FASHIONED, HAS MUSIC THAT IS TOO HAPPY CLAPPY, HAS A VICAR WHO IS A WOMAN, HAS A VICAR WHO IS A MAN, HAS A VICAR WHO IS A BIT ODD, HAS SERVICES THAT START TOO EARLY IN THE MORNING, HAS REALLY BAD COFFEE AFTER THE SERVICES, HAS PARTICULARLY UNCOMFORTABLE PEWS, HAS SERVICES THAT CLASH WITH SUNDAY LUNCH PREPARATION TIME, HAS SERVICES THAT DO USE THE BOOK OF COMMON PRAYER, HAS SERVICES THAT TO USE THE BOOK OF COMMON PRAYER, HAS SERVICES THAT TO USE THE BOOK OF COMMON PRAYER OR ISN'T THE CHURCH ASSOCIATED WITH THE PRIMARY SCHOOL THEY HAD IN MIND



CartoonChurch.com

Commemoration of the Month Harriet Monsell of Clewer – 26 March

Of Irish parentage, Harriet Monsell (née O'Brien) was born in 1811. After the death

of her clergyman husband, she went to work in a penitentiary at Clewer near Windsor. Here, under the guidance of the local Vicar, Thomas Thellusson Carter, she was professed as a Religious in 1852 and became the first Superior of the Community of St John the Baptist. Under her care, the community grew rapidly and undertook a range of social work in a variety of locations, with foundations in India and America by the 1880s.

In the winter of 1864/5 a small group of nuns from the Clewer community came to live at Rydal House on The Bayle, at Matthew Woodward's invitation. They assisted



him in the mission to the parish, caring for orphans, unmarried mothers, prostitutes and others rejected by society. They opened a Mission House in The Parade and later, St Andrew's on the East Cliff as a seaside convalescent home for people from cities and towns where fresh, clean air was a rarity. In 1875 Mother Harriet retired as Superior through ill-health, moving to a small hermitage in Folkestone, where she died early in the morning of 26 March 1883 - Easter Day - with Canon Woodward at her side.

Collect

Almighty God,

by whose grace Mother Harriet, kindled with the fire of your love, became a burning and a shining light in the Church: inflame us with the same spirit of discipline and love, that we may ever walk before you as children of light; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

Readings

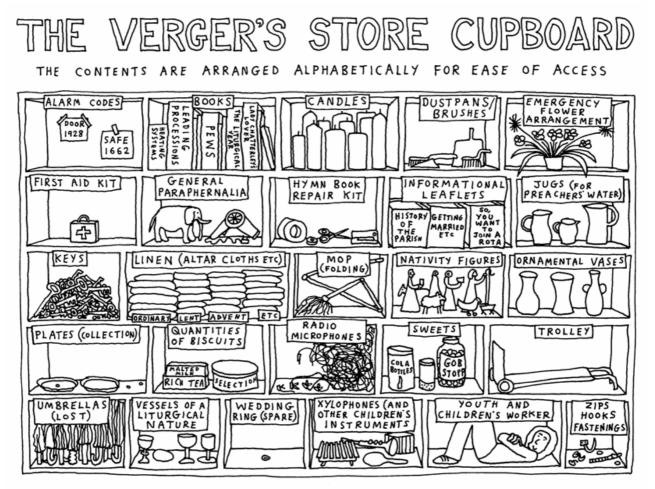
OT-Song of Songs 8.6-7; NT-1 John 2. 15-17; Gospel- Luke 12.32-37

What would you like your legacy to be? Leaving money to the church in your will is a wonderful way to ensure that our church will be here for future generations. There are also some benefits for your inheritance tax bill, too. So, if you're thinking of adding a charitable bequest in your will, here's what you need to know.

Big or small, your donation could be of huge help in keeping our beautiful church cared for in the future.

As you may already know, like money you leave to your spouse, gifts to charities aren't taxed. And if you leave at least 10% of your estate to a charitable cause, your inheritance tax rate drops from 40% to 36%. This means that for every £100 you leave to charity; it only really costs your family £24.

Please give this some thought



CartoonChurch.com

David Telephone **5** West Terrace 255066 Folkestone Payne Carpets **Anthony Cowie Domestic and Furnishing Fabrics Commercial Flooring** Loose Covers 108 Sandgate Road Curtains and Blinds Folkestone CT20 2BW FURNISHERS OF 01303 257306 **BEAUTIFUL HOMES** esther@davidpaynecarpets.co.uk www. davidpaynecarpets.co.uk Looking FOR SOMETHING DIFFERENT We have a wide range of stylish HAIR NOW spectacle frames and sunglasses from many of the top designers at prices to suit every budget **1 Church Street** Folkestone Kent **CT20 1SE** Celebrating over 90 years of professional eyecare 01303 210711 122 Sandgate Road, Folkestone 01303 254471 07484 081808 **J.STEED**

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RICHARD AMOS 18 The High Street Hythe

Antiques and Architectural Salvage Items Bought and Sold **Telephone 01303 221050 Mobile 07785 594384**

HELPFUL CONTACT NUMBERS

Rainbow Centre

69 Sandgate Road, Folkestone, CT20 2AF

email: enquiries@rainbow-centre.org

Please note that the phone lines are from 10 a.m. to 5 p.m. Monday to Friday. **Telephone:** 01303 850733

Appointments are available Monday to Friday between 10 a.m. – 1 p.m.

Help Through Hardship - to be assessed for a Shepway Foodbank Voucher and for other assistance **Telephone:** 0808 208 2138 Monday - Friday 9 a.m. - 5 p.m.

Samaritans

National telephone: 116 123 (this number is free to call) email: Samaritans: jo@samaritans.org Telephone: 01303 255000 (local call charges apply) Visit our branch: Samaritans Folkestone 9 Cambridge Gardens Folkestone Kent CT20 1DB

Usual hours open to receive callers at the door:

Mon ... 00:00-08:00 & 19:00-23:00 Tue 08:00-21:00 Wed ... 08:00-23:00 Thu 08:00-24:00 Fri 00:00-02:00 & 17:00-24:00 Sat 00:00-02:00 & 08:00-13:00 & 23:00-24:00 Sun ... 00:00-08:00 & 19:00-24:00

The Salvation Army

Canterbury Road CT19 5NL Folkestone **Telephone:** 01303 251379 **Website:** www.salvationarmy.org.uk **email:** folkestone@salvationarmy.org.uk

Cruse Bereavement Care

Telephone: 0844 8009104

email: southkent@cruse.org.uk

National helpline: 0808 808 1677

If you live in postcodes CT14 to CT22 and TN23 to TN30 you are located in the South Kent Area of Cruse and we are here to support you. Don't be put off because our Area Office is located in Ashford - in the majority of cases we travel to you.

Age UK

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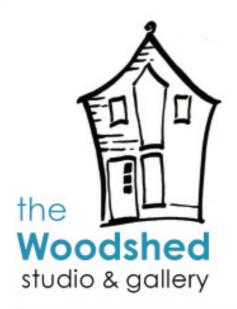




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Music Notes

The current season of Bayle Music concerts continues with a choral concert in **The Grand at 3 p.m. on SATURDAY 18 MARCH.**

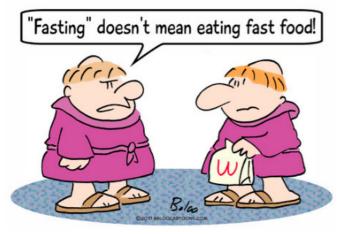
Canterbury Cantata and Camerata, directed by Emily Renshaw Kidd, will present a fine concert of choral music by J. S. Bach – his motet 'Jesu Miene Freude', and G. F. Handel's 'Dixit Dominus, his setting of Psalm 110 composed in 1707, when, as a young man, he was travelling and studying in Italy. The concert begins at 3 p.m. and the doors open at 2.30 p.m.

Admission is £15.

Please book your seats in advance by following the Bayle Music link on the Sounds Folkestone website: <u>www.soundsfolkestone.co.uk</u>

If you experience any difficulty, please contact 07723 767 624 or 07877 407 702





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March Sunday and Red Letter Eucharist Gospels

Sunday 5 March – Second Sunday of Lent – John 3.1-17

God did not send his son into the world to condemn the world but in order that the world might be saved through him.

Sunday 12 March – Third Sunday of Lent – John 4.5-42

'Come and See a man who has told me all I have ever done!' (v. 29)

Sunday 19 March – Fourth Sunday of Lent – Mothering Sunday – Luke 2.33-35

A sword will pierce your own soul too. (v. 35)

Sunday 26 March – Fifth Sunday of Lent (Passiontide begins) – John 11.1-45 Jesus said to her, 'I am the resurrection and the life'. (v. 25)

A prayer for Lent

Almighty God, we pray that through the observance of Lent we may penetrate more deeply into the mystery of Christ, and obtain its fruits by the worthy conduct of our lives. We ask this through Christ our Lord.



Red Letter Day

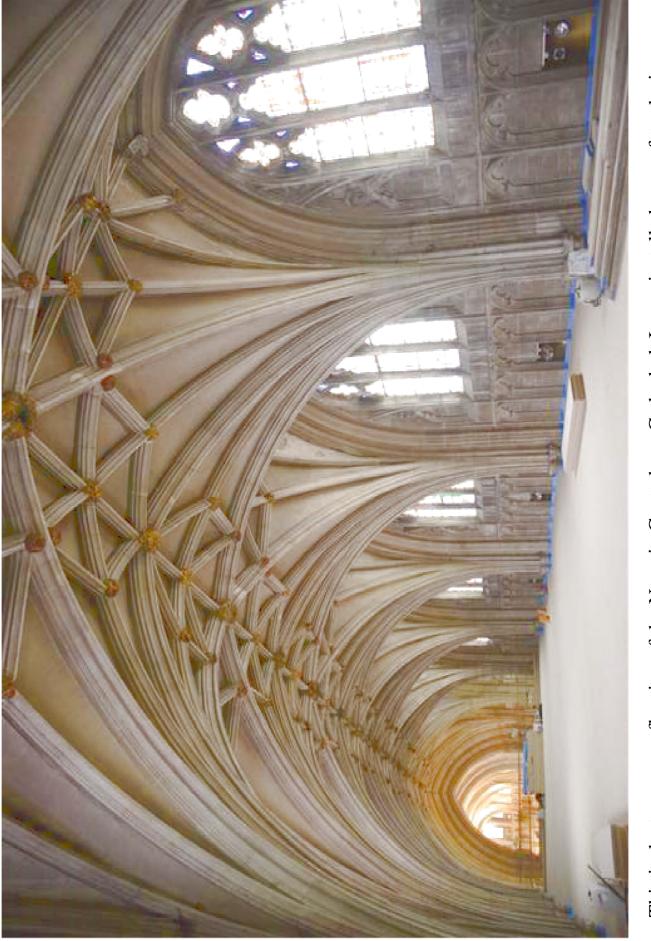
Saturday 25 March – The Annunciation of Our Lord to the Blessed Virgin – Luke 1.26-38

Mary said 'Here am I, the servant of the Lord; let it be with me according to your word'



The Lily – a symbol of virginity and purity – long associated with Mary, mother of Our Lord.

Where is this?



This is the temporary flooring of the Nave in Canterbury Cathedral. It was installed as a safety device whilst the roof was re-covered. It also gave access to the uppermost layer of windows which were all taken out and restored by the Stained Glass Studio before being reinstalled.

D.E. Sutton

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